

The University of Arizona College of Medicine at South Campus News and Entertainment

Welcome Class of 2018!

We recently asked the PGY1 class a few questions...

Rui Wen Pang

What do you miss most about Med School? *I miss having potlucks and hostel life.* What were your thoughts on your first rotation? *It was stressful but super exciting, fun as there was a lot of things to learn!!* What is your favorite Tucson thing? *There's a Venezuelan food truck here that sells arepas! There are so many outdoor things to do, biking (next item to get: bike), hiking, and awesome weather, beautiful thunder!*

Radhamani Kannaiyan

What were your thoughts on your first rotation? *It wasn't as scary as I had imagined. It was getting better and better every day. Thanks to Sri, Senthil, Sarah, Rui Wen and all the attendings.* Why did you choose South Campus? *Because the program is relatively young and small. To me, younger and smaller program means dynamic, open to changes and opportunities to make a difference. That's exactly where I wanted to be and here I am loving it.* What is your favorite Tucson thing? *I would say the mountains, monsoon, rainbows and of course, the life size cacti for now.*

Jayasree Jonnadula

What do you miss most about Med School? *I miss my Med school friends a lot.* What were your thoughts on your first rotation? *My first rotation was radiology - it was so cool. Next I did ICU so I faced a lot of trouble initially, but now things*



Back row: Jose Marquez, Enrique Villavicencio Sumire, Wei Xiang Wong, Nirmal Singh, Roberto Swazo, and Balaji Natarajan. Front row: Radhamani Kannaiyan, Jayasree Jonnadula, Judy Dawod, Kady Goldlist, and Rui Wen Pang.

are going smooth, kind of surviving slowly. Why did you choose South Campus? *I saw a homelike environment here. I love south campus no second thoughts.* What is your favorite Tucson thing? *Everything, like Mt. Lemmon, Tohono Chul Park, Sonoran Desert Museum.*

Balaji Natarajan

What were your thoughts on your first rotation? *My first rotation on the floors with Team A was exciting, but also very much challenging. The EMR and the*

patient care systems were new to me and it took some time to get the hang of them. What is your favorite Tucson thing? *The outdoor life. There are many nice trails to hike and the weather is beautiful throughout the year.*

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We will miss the Class of 2015

Good luck as you start the next Chapter of your Life!

- Seth Assar—Pulmonary Critical Care Fellowship, BUMC Phoenix, AZ
- Aaron Fernandes—Chief Resident, Albany Medical College, NY
- Jennifer Huang-Tsang—Chief Resident, University of Arizona COM South Campus, Tucson, AZ
- Adil Lokhandwala – General Surgery, University of Arizona, Tucson, AZ
- Krunal Patel—Chief Resident, Bridgeport Hospital, CT
- Gowri Radhakrishnan—Hospitalist, St. Rose Dominican Hospital, NV
- Natasha Sharda—Nephrology Fellowship, Western University, Ontario, Canada
- Elizabeth Ulliman—Pulmonary Critical Care Fellowship, Baylor Scott and White Hospital, TX
- Qi Yu—Palliative Care Fellowship, BUMC Phoenix, AZ



Here we go! An intern's first day

By Norman Beatty Class of 2017

"What time is it?" I thought as I looked at my phone. Today was the big day. I tried to get some good sleep but with enthusiasm running through my veins I had beat my alarm once again. I was nervous but yet excited. My new life was soon to begin. A new city, a new hospital, and a new set of responsibilities await. I was no longer a medical student. I was a doctor, with sick people to take care of. They were relying on me..."relaxxx...woosaaah." I hadn't even left my house yet! Put your shoes on Norm, let's go.

I was starting on the medicine wards, Team A. My attending was my program director, by chance I guess. This was adding even more stress to my psyche. I wanted to do well; I didn't want to mess up. I was expected in for morning sign out at 6am by the overnight team. As I pulled up to the hospital the sun was just peaking over the horizon. I jumped out of my car and slapped on my freshly ironed white coat. Wow, what a feeling! I had been waiting for this moment for four years and finally it had come. It didn't feel real yet but soon I knew it would.

Huddled together, my new team took sign out from night float. This process was not new to me. While each patient was being presented I earnestly jotted down the important facts we needed to know. I was assigned four patients and off I went. It suddenly became very real to me.

These were my patients. Rounds started sharp at 8:30am so I had to hustle. Vitals, labs, imaging, H/P's, chart review. I was expected to know my patients. While glaring at the computer, scrolling through a previous note, a hand grabs my shoulder. It was my senior. An enthusiastic PGY-3, with a wealth of knowledge at the tip of his tongue at all times. He was at my interview dinner and I remembered him. "Norm we have an admission. Let's go, I'll show you how it's done." My eyes enlarged and my senior noticed. "Hey, you will be fine, bed 9 in the ED, check her out and get back to me." Uh, I thought..."OK" I mumbled.

I instantly transitioned into hyper drive and went to see the patient. Full history, full physical, and as I was discussing my plan with the patient..."ring ring, ring ring"...my phone. "Sorry I have to take this, Hello??" "Hey Dr. Beatty, your patient in room 463, she's constipated, can I give her something?" What! Oh my gosh, what do I say? What can I give her....ummm...I responded, "Colace, let's try that". Ok doc, and the phone hung up. Whisking away from the ED I had 32 minutes to see my patient's before rounds. One by one I saw my first four patients'.

They were complicated but I loved complicated! Acute pancreatitis, cocaine overdose ICU downgrade, end-stage liver disease with hepatic encephalopathy and COPD exacerbation rounded out the disease pathologies.

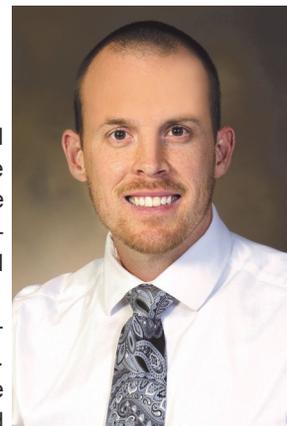
Checking my phone, with a pounding chest, I knew it was time for rounds. I rushed to our meeting spot. All the residents were assembling. You could tell everyone was nervous. We exchanged a quick meet and greet followed by "let's start at room 458" proclaimed my senior. "Huh, what room?" Looking quickly down my list I realized that this was indeed my patient.

My heart was now pounding even more. I took a deep breath, "relax Norm" I thought and off I went with my presentation. "SOAP, SOAP, SOAP", went through the back of my mind as I did my best to adequately present the patient. I wanted to stay structured. After I finished my plan there was a brief moment of silence. I felt like I was going to pass out! Did I do such a horrible job that my PD was left speechless? This is it, I am through. "Well Norm, for your first presentation I like what you did. You stuck to the pertinent positives and negatives, good job. Want to go see the patient?" Wahoo! I did it. He liked it.

As we went from room to room that day I couldn't help to think, "I am so glad I chose internal medicine." Every patient was so interesting. The pathologies were so vast. My first day in residency was awesome. This was the type of training I was looking for. This was the foundation I was searching for during medical school. These were the types of patients I wanted to take care of. There was so much to learn and I was nervous just thinking about it but I had made it through my first day.

Walking back to my car that afternoon my feet were hurting, my head was aching, and I was exhausted but I didn't care. Pulling away from the parking lot I looked in my rear view glancing back to see the hospital. After today I realized that the next three years of my life would be filled with so much excitement but tomorrow was another day. "Norm, go get some sleep." My senior's words were echoing in my mind. "You're going to need it."

(This article was published in the ACP Impact Newsletter.)



The SAFER Curriculum is always an attention getter.



New Interns and Residents meet up for lunch during Boot Camp and Orientation.

Meet the IM Residency South Campus Staff



Dr. Eugene Trowers was born and raised in New York City. He received his medical degree from New York University School of Medicine and completed his Internal Medicine Residency at Harlem Hospital Medical. He followed this with a Gastroenterology Fellowship at Howards University. Dr. Trowers completed his NIH extramural clinical research Fellowship at the University of Washing in Seattle. He then earned his MPH from UTHSC—Houston School of Public Health. He has been married to his wife Teresa for 29 years and they have three daughters and two grandchildren. Dr. Trowers enjoys biking, walking, concerts and racing.



Dr. Bujji Ainapurapu was born in Hyderabad, India and is the youngest of three children. His father was in the Indian Air Force and as such they moved every three years throughout India. He received his Medical Degree from Madras Medical College. Dr. Ainapurapu did his residency in Internal Medicine at AIIMS, New Delhi. He completed his residency in Evanston, IL at St. Frances Hospital. While he was in residency training he received the Resident Teaching award. He is passionate about Internal Medicine and loves bedside teaching. Dr. Ainapurapu and his wife, Saritha, have been married for more than eight years. She is an Anesthesiologist. They have two active boys, Karthik, seven and Tanish, four. Better known as 'Dr. A', he loves to spend time with his children travelling to adventure parks and zoos.



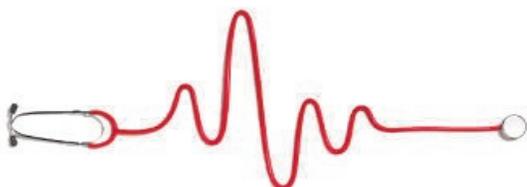
Mary Gosciminski is the Program Coordinator, Senior for Internal Medicine Residency Program at South Campus. She was born in Michigan and has travelled a lot as a child because her father was in the Air Force. She even lived in Japan for a few years. Mrs. Gosciminski has settled in Tucson three times and hopes this time will be permanent. "The sunsets and scenery cannot be beat." She and her husband Steve were married in Tucson and have been married for 24 years. They have two daughters, Emily and Sarah who are avid volleyball players. Mrs. Gosciminski loves mountain biking and hiking. Sedona is one of her favorite places to visit and hopes to mountain bike there soon.



Chief Resident Jennifer Huang-Tsang was born in Suriname, a small Dutch speaking country in South America. Her parents moved to Wisconsin where she was raised. Jennifer received her medical degree from Midwestern University. She wanted to be in a University program but at the same time did not want a big class. South Campus was her choice for Residency and she is very happy with that. In her free time, she likes to relax at home, go for walks, hike or play tennis. Jennifer and her husband Vincent like to take weekend trips to Phoenix to eat good Asian food. She volunteers as a hepatitis B outreach person for a the non-profit organization APCA (American Pacific Community in Action). They provide free screens and vaccination of Hepatitis B to individuals and information on health care awareness. She plans to pursue a career in Cardiology. Her interest is in heart failure and in interventional cardiology.



Teresa Prince was born in Madrid, Spain. She moved to Tucson last year from Laurel, MD where she lived for 13 years. There she worked as a Coordinator in the Dean's Office of the Clark School of Engineering at University of Maryland College Park. This is her second time living in Tucson, as she spent the latter part of her childhood and early adulthood here, living first on Davis Monthan Air Force Base, then on the east side of town. She has raised two sons that are the joy of her life and now they are bigger than she is. Teresa plans to return to school to finish her degree in Business Administration. She has a strong love of nature, especially trees and animals and enjoys exercising, hiking and reading.



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