



South Campus *Pulse*

The University of Arizona College of Medicine at South Campus News and Entertainment

Welcome Class of 2017!

What do you miss about Med School?

Cafeteria Food

What were your thoughts about your first rotation?

It was ICU—havoc like a tsunami

Why did you choose South Campus?

It's a small program and everyone in the program is like a family, very helpful and supportive, making it a conducive place to support my residency training.

Kai Rou Tey

What were your thoughts about your first rotation?

It was on the floors. I feel that was to my advantage. It allowed me to hit the ground running and start the learning curve early. I was challenging, but I got through it with the help of my awesome senior residents.

Why did you choose South Campus?

For the close knit atmosphere. You get all the benefits of a university program in a setting where you know everyone and everyone knows you.

What is your favorite Tucson thing?

The sunrises and sunsets—gorgeous!

Jessica August

What do you miss about Med School?

Not much!

What were your thoughts about your first day on floors?W

I enjoyed the wide range of pathology we diagnosed and managed. Great month to learn the basics of Internal Medicine.

What is your favorite Tucson thing?

It is a beautiful city!

Norman Beatty



Back row: Phillip Glotser, Jessica August, Shabnam Yekta, Rhonda Alkatib, Kai Rou Tey and Vlad Revin. Front Row: Lance Bechtold, Norman Beatty, Muhammad Husnain, Faraz Jaffer, Senthil Anand and Marko Perovic

What were your thoughts about your first rotation?

Exactly what I expected and tons of fun. Feel bad for everyone else on Wards during that time for tolerating our loud and fun team shenanigans. Also, running around with your head cut off making sure the diet orders you put weren't going to harm someone. Yep, you're that freaked.

Why did you choose South Campus?

Everyone is all smiles exuding confidence and calm.

What is your favorite thing about Tucson?

Wildcat Nation! Loving the college town-ness of it all.

Faraz Jaffer

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We will miss the Class of 2014

While we will be sure to miss our class of 2014, we wish them well in their new adventures!

- Aswani Alavala—Geriatrics Fellowship, University of New Mexico
- Hammam Alquadan—Primary Care, Marana Healthcare, Marana, AZ
- Chirag Desai—Research Fellowship in Cardiology, Cedar-Sinai Medical Center-Heart Institute
- Rene Franco, JR—Pulmonary Critical Care Fellowship, Scott and White, Temple, TX
- Imam Imam—Primary Care
- Anju Nair—Chief Resident, Internal Medicine Residency at South Campus, UA COM, Tucson, AZ
- Divya Pati—Endocrinology Fellowship, University of Arizona
- Shivani Ruben—Private Practice, Camp Lowell Medical Specialists, Tucson, AZ
- Victor Sanders—Group Practice, Annadel Medical Group, Santa Rosa, CA
- Varun Takyar—Clinical Hepatology Fellowship, National Institute of Health, Bethesda, MD



Here we go! An intern's first day

By Norman Beatty PGY1—Class of 2017

"What time is it?" I thought as I looked at my phone. Today was the big day. I tried to get some good sleep but with enthusiasm running through my veins I had beat my alarm once again. I was nervous but yet excited. My new life was soon to begin. A new city, a new hospital, and a new set of responsibilities await. I was no longer a medical student. I was a doctor, with sick people to take care of. They were relying on me..."relaxxx...woosaaah." I hadn't even left my house yet! Put your shoes on Norm, let's go.

I was starting on the medicine wards, Team A. My attending was my program director, by chance I guess. This was adding even more stress to my psyche. I wanted to do well; I didn't want to mess up. I was expected in for morning sign out at 6am by the overnight team. As I pulled up to the hospital the sun was just peaking over the horizon. I jumped out of my car and slapped on my freshly ironed white coat. Wow, what a feeling! I had been waiting for this moment for four years and finally it had come. It didn't feel real yet but soon I knew it would.

Huddled together, my new team took sign out from night float. This process was not new to me. While each patient was being presented I earnestly jotted down the important facts we needed to know. I was assigned four patients and off I went. It suddenly became very real to me. These were my patients. Rounds started sharp at 8:30am so I had to hustle. Vitals, labs, imaging, H/P's, chart review. I was expected to know my patients. While glaring at the computer, scrolling through a previous note, a hand grabs my shoulder. It was my senior. An enthusiastic PGY-3, with a wealth of knowledge at the tip of his tongue at all times. He was at my interview dinner and I remembered him. "Norm we have an admission. Let's go, I'll show you how it's done." My eyes enlarged and my senior noticed. "Hey, you will be fine, bed 9 in the ED, check her out and get back to me." Uh, I thought..."OK" I mumbled.

I instantly transitioned into hyper drive and went to see the patient. Full history, full physical, and as I was discussing my plan with the patient..."ring ring, ring ring"...my phone. "Sorry I have to take this, Hello??" "Hey Dr. Beatty, your patient in room 463, she's constipated, can I give her something?" What! Oh my gosh, what do I say? What can I give her....ummm...I responded, "Colace, let's try that". Ok doc, and the phone hung up. Whisking away from the ED I had 32 minutes to see my patient's before rounds. One by one I saw my first four patients'.

I instantly transitioned into hyper drive and went to see the patient. Full history, full physical, and as I was discussing my plan with the patient..."ring ring, ring ring"...my phone. "Sorry I have to take this, Hello??" "Hey Dr. Beatty, your patient in room 463, she's constipated, can I give her something?" What! Oh my gosh, what do I say? What can I give her....ummm...I responded, "Colace, let's try that". Ok doc, and the phone hung up. Whisking away from the ED I had 32 minutes to see my patient's before rounds. One by one I saw my first four patients'.

They were complicated but I loved complicated! Acute pancreatitis, cocaine overdose ICU downgrade, end-stage liver disease with hepatic encephalopathy and COPD exacerbation rounded out the disease pathologies.

Checking my phone, with a pounding chest, I knew it was time for rounds. I rushed to our meeting spot. All the residents were assembling. You could tell everyone was nervous. We exchanged a quick meet and greet followed by "let's start at room 458" proclaimed my senior. "Huh, what room?" Looking quickly down my list I realized that this was indeed my patient.

My heart was now pounding even more. I took a deep breath, "relax Norm" I thought and off I went with my presentation. "SOAP, SOAP, SOAP", went through the back of my mind as I did my best to adequately present the patient. I wanted to stay structured. After I finished my plan there was a brief moment of silence. I felt like I was going to pass out! Did I do such a horrible job that my PD was left speechless? This is it, I am through. "Well Norm, for your first presentation I like what you did. You stuck to the pertinent positives and negatives, good job. Want to go see the patient?" Wahoo! I did it. He liked it.

As we went from room to room that day I couldn't help to think, "I am so glad I chose internal medicine." Every patient was so interesting. The pathologies were so vast. My first day in residency was awesome. This was the type of training I was looking for. This was the foundation I was searching for during medical school. These were the types of patient's I wanted to take care of. There was so much to learn and I was nervous just thinking about it but I had made it through my first day.

Walking back to my car that afternoon my feet were hurting, my head was aching, and I was exhausted but I didn't care. Pulling away from the parking lot I looked in my rear view glancing back to see the hospital. After today I realized that the next three years of my life would be filled with so much excitement but tomorrow was another day. "Norm, go get some sleep." My senior's words were echoing in my mind. "You're going to need it."

(This article will be published in next month's ACP Impact Newsletter.)



Vlad Revin, Marko Perovic, Senthil Anand, Lance Bechtold, Jessica August and Shabnam Yekta enjoying first day paperwork



Norman Beatty, Faraz Jaffer, Rhonda Alkatib, Kai Rou Tey and Muhammad Husnain learning during Boot Camp.

GME New Intern Social is a hit

All of South Campus' new Interns from all the Programs enjoyed the GME New Intern Social. Programs were split up and put onto teams to play games and generally get to know each other. The event was a success and helped break the ice before the rigorous duties of Residency.



Meet the IM Residency South Campus Staff



Dr. Eugene Trowers was born and raised in New York City. He received his medical degree from New York University School of Medicine and completed his Internal Medicine Residency at Harlem Hospital Medical. He followed this with a Gastroenterology Fellowship at Howards University. Dr. Trowers completed his NIH extramural clinical research Fellowship at the University of Washington in Seattle. He then earned his MPH from UTHSC—Houston School of Public Health. He has been married to his wife Teresa for 28 years and they have three daughters and two grandchildren. Dr. Trowers enjoys biking, walking, concerts and racing.



Dr. Bujji Ainapurapu was born in Hyderabad, India and is the youngest of three children. His father was in the Indian Air Force and as such they moved every three years throughout India. He received his Medical Degree from Madras Medical College. Dr. Ainapurapu did his residency in Internal Medicine at AIIMS, New Delhi. He completed his residency in Evanston, IL at St. Frances Hospital. While he was in residency training he received the Resident Teaching award. He is passionate about Internal Medicine and loves bedside teaching. Dr. Ainapurapu and his wife, Saritha, have been married for more than seven years. She is an Anesthesiologist. They have two active boys, Karthik, six and Tanish, three. Better known as 'Dr. A', he loves to spend time with his children travelling to adventure parks and zoos.



Mary Gosciminski is the Program Coordinator, Senior for Internal Medicine at South Campus. She was born in Michigan and travelled a lot as a child because her father was in the Air Force. She even lived in Japan for a few years. Mrs. Gosciminski has settled in Tucson three times and hopes this time will be permanent. "The sunsets and scenery cannot be beat." She and her husband Steve were married in Tucson and have been married for 23 years. They have two daughters, Emily and Sarah who are avid volleyball players. Mrs. Gosciminski loves mountain biking and hiking. Sedona is one of her favorite places to visit and hopes to mountain bike there soon.



Renae Nelson is the new Administrative Assistant. She was born in Utah. Ms. Nelson has also lived in Colorado, Washington, North Carolina. She moved to Arizona in the last year. She enjoys camping, hiking, volleyball, exploring new places, doing all sorts of crafts and hanging out with friends and family. She got her AA in Office Management at Bellevue College in Washington in 2010. She is currently attending the University of Arizona in her first semester to get her degree in Family Studies and Human Development with a double major in Animal Science: Equine Emphasis. She eventually wants to do Horse Therapy with little kids who have a rough upbringing or medical issues. She also volunteers with Tu Nidito throughout the week. She is very excited to work here at the College of Medicine South Campus in Internal Medicine.

**Find us Online <http://deptmedicine.arizona.edu/education/residency-south>
Comments, questions, interesting information for our newsletter – email Mary.Gosciminski@uahealth.com**