

# Advances in Aging Research Lecture Series

*Sponsored for CME by The University of Arizona College of Medicine - Tucson*

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**Associate Professor of Nursing**

***“Tai Chi Exercise for Fall Prevention:  
What is the Scientific Evidence?”***

**12-1 p.m., Monday, Sept. 12, 2016**  
**Kiewit Auditorium**  
**Arizona Cancer Center**  
**University of Arizona Medical Center**  
**1515 N. Campbell Ave.**

## **Objectives:**

1. Determine the quality of the evidence supporting Tai Chi exercise for fall prevention.
2. Identify knowledge gaps relative to Tai Chi exercise as an intervention.

## **Accreditation Statement:**

The University of Arizona College of Medicine - Tucson is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The University of Arizona College of Medicine - Tucson designates this live activity for a maximum of **1 AMA PRA Category 1 Credit(s)**<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

## **Disclosure Statement(s):**

All Faculty, CME Planning Committee Members, and the CME Office Reviewers have disclosed that they have no financial relationships with commercial interests that would constitute a conflict of interest concerning this CME activity.

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