Advances in Aging Research Lecture Series

CME Credit Provided by the University of Arizona College of Medicine – Tucson

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"Barriers and Motivators to Physical Activity in Older Mexican American Men"

> Noon-1 p.m., Monday, May 8, 2017 Cancer Center Room 4978 University of Arizona 1515 N. Campbell Ave.

Objectives:

- 1. Describe how the idea of manhood influences an older Mexican American man's life and health.
- 2. List barriers and motivators to physical activity in older Mexican American men.
- 3. Identify components for the development of an evidence-based physical activity intervention for older Mexican American men.

Accreditation Statement:

The University of Arizona College of Medicine - Tucson is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The University of Arizona College of Medicine - Tucson designates this live activity for a maximum of 1.0 *AMA PRA Category 1 Credit(s)* TM . Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Disclosure Statement(s):

All faculty, CME planning committee members, and the CME office reviewers have disclosed that they have no financial relationships with commercial interests that would constitute a conflict of interest concerning this CME activity.

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