

# Cancer Prevention and Control (CPC) Seminar

**EPI 696B**

**Wednesday, March 27th**

**9:00 am**

**(Bagels and Coffee will be served)**

**UA Cancer Center – 2920**

*“Improving Adherence to the American Cancer Society Guidelines on Nutrition and Physical Activity Through an Integrated Symptom Management and Lifestyle Behavior Intervention for Latina Cancer Survivors and their Informal Caregivers”*



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**Presentation Summary:** Symptoms lingering after completion of active treatment may be barriers to the adoption of healthy lifestyle behaviors associated with preventing cancer recurrence. In this talk we report the results from a pilot randomized trial of an intervention designed to improve adherence to the American Cancer Society Guidelines (ACS) on Nutrition and Physical Activity through integrated symptom management in Latinas with solid tumor cancers and their Informal caregivers.

If you wish to view this presentation at a later time, you may access the video at <https://streaming.biocom.arizona.edu/home/> Click on ‘Centers of Excellence’ then “Arizona Cancer Center”; scroll to the date desired.

In addition, CPC Seminars are now available, via Zoom. Please follow the link <https://zoom.us/j/6021215414> If you do not currently have zoom, you will be prompted to download the free app. Alternatively, you can open your zoom app and join the meeting with 6021215414