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Sleep, Health Disparities, and the Role of the Primary Care Physician

Omavi Bailey, MD, MPH

Sleep Medicine Fellow, Division of Pulmonary, Allergy, Critical Care and Sleep Medicine,
UA Department of Medicine; Post-doctoral Excellence in Research and Teaching (PERT) K-12

Thursday, September 13, 2018

12:30pm - 1:15pm



Omavi Bailey, MD, MPH

DESCRIPTION:

Dr. Omavi Bailey will discuss a bio-psycho-social approach to understanding the relationship between sleep disorders and health disparities, with a focus on the role of the primary care provider in addressing such disparities and their impact on mental and cardiometabolic health.

ABOUT DR. BAILEY:

Dr. Bailey's research interests broadly encompass investigating the impact of sleep and circadian rhythm disorders on health disparities in the U.S. and Africa. As an epidemiologist and primary care physician specialized in sleep medicine, he is bridging his clinical experience in sleep medicine with his research interests in health disparities and population health. Dr. Bailey's clinical background has focused on serving medically neglected populations in the U.S. and West Africa, while his research background has concentrated on investigating the role of sleep in health disparities among people of African ancestry in both the U.S. and West Africa. His objective is to help uncover explanations for the racial/ethnic disparities in sleep disorders, the social, environmental, and/or biological mechanism(s) by which they occur, and interventions to significantly minimize or eliminate these disparities. Since becoming a PERT Scholar at the UA, Dr. Bailey has focused his research on investigating the role of genetics in the relationship between sleep and depression in people of African ancestry. He and his team have found that delayed sleep is more prevalent in African Americans than non-Hispanic Whites, and is independently associated with depression. They are now investigating a potential genetic link that may predispose African Americans to depression via circadian phase delay.

LOCATION:

UA Alvernon Admin Offices

655 N. Alvernon Way

FCM Conference Room,

Room 221 (second floor,
north side of building)

The presentation will be available to attend remotely, via Zoom

Meeting: Join from PC, Mac, Linux, iOS or Android: <https://uahs.zoom.us/j/341120527> or via telephone: +1 669-900-6833 (US Toll);

Meeting ID: 341 120 527

If you have any questions, please call 626-7864.