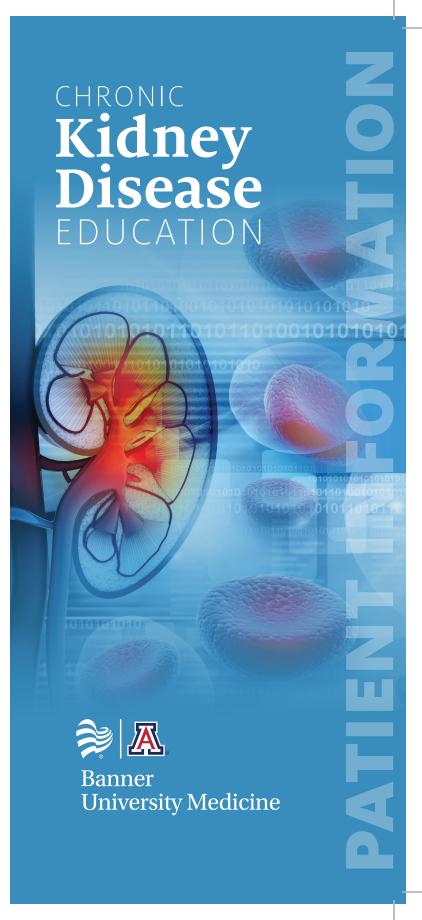
but about conscious appreciation of the experience of living – Jonathan Lockwood Huie

The learning is not about facts,

University Medicine Department of Medicine 1501 N Campbell Ave PO Box 245022 Tucson, AZ 85724-5022



Kidney Disease INFORMATIONAL SESSIONS

Understand and manage kidney disease

Classes provided to those with chronic kidney disease referred by a nephrologist (kidney Doctor)



THE KIDNEY

- ▶ Functions of the kidney
- Stages of kidney disease
- Causes of kidney disease

PRESERVING KIDNEY FUNCTION

- Management of associated health conditions
- Strategies to preserve function

DIET IN KIDNEY DISEASE

 Dietary management in chronic kidney disease

CLASS

MEDICATION AND LABS

- Medication concerns in Chronic Kidney disease
- Avoidance of toxins
- Common lab tests

SCLASS

TREATMENT OPTIONS

- Treatment available in advanced CKD, Including dialysis, home therapies, transplant and conservative management
- Each class is approximately one hour in length
- Supplemental materials will be provided
- Referral and registration required
- Significant others welcome!

Frank 'Chip' Brosius, MD
Chyi Chyi Chong, MD
Titilayo Ilori, MD
Pradeep Kadambi, MD
Lavanya Kodali, MD
Sireesha Koppula, MD
Sangeetha Murugapandian, MD
Prabir Roy-Chaudhury, MD
Asjad Sardar, MD
Amy Sussman, MD
Bijin Thajudeen, MD
Hannah Tiu, MD

To register for classes, please call (520) 626-1034