

*The learning is not about facts,
but about conscious appreciation
of the experience of living*

— Jonathan Lockwood Huie



**Banner
University Medicine**

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CHRONIC Kidney Disease EDUCATION

**Banner
University Medicine**

PATIENT INFORMATION

CHRONIC Kidney Disease

INFORMATIONAL SESSIONS

Understand and manage kidney disease

Classes provided to those with chronic kidney disease referred by a nephrologist (kidney Doctor)



CLASS **1** THE KIDNEY

- ▶ Functions of the kidney
 - ▶ Stages of kidney disease
 - ▶ Causes of kidney disease
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CLASS **2** PRESERVING KIDNEY FUNCTION

- ▶ Management of associated health conditions
 - ▶ Strategies to preserve function
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CLASS **3** DIET IN KIDNEY DISEASE

- ▶ Dietary management in chronic kidney disease
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CLASS **4** MEDICATION AND LABS

- ▶ Medication concerns in Chronic Kidney disease
 - ▶ Avoidance of toxins
 - ▶ Common lab tests
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CLASS **5** TREATMENT OPTIONS

- ▶ Treatment available in advanced CKD, including dialysis, home therapies, transplant and conservative management

- Each class is approximately one hour in length
 - Supplemental materials will be provided
 - Referral and registration required
 - Significant others welcome!
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Frank 'Chip' Brosius, MD
Chyi Chyi Chong, MD
Titilayo Ilori, MD
Pradeep Kadambi, MD
Lavanya Kodali, MD
Sireesha Koppula, MD
Sangeetha Murugapandian, MD
Prabir Roy-Chaudhury, MD
Asjad Sardar, MD
Amy Sussman, MD
Bijin Thajudeen, MD
Hannah Tiu, MD

To register for classes, please call
(520) 626-1034